

Weekly Update Fall Semester Session B October 7 - October 11, 2024

WEBSITE: micl-online.org

FACEBOOK: Enter MICL in search field then at site click on +Join Group.

Monday, October 7, 10:00 AM - NOON: MICL TRAVEL

Coordinator: **Dorothy Winke/Lynn Hansen**

Presenter: Dave and Sharon Froba - Civil Rights Tour Road Scholar

Join Sharon and David Froba on their civil rights trip to the South in May of this year. It will be a journey in both place and time as we travel through Atlanta, Montgomery, Selma, and Birmingham, re-creating the civil rights struggles in the United States in the 50s and 60s. Walk in the footsteps of giants: Dr. Martin Luther King, Rosa Parks, as well as more recent civil rights leaders like John Lewis and Brian Stevenson. See the places where the organization of non-violent protests was so powerfully employed and successful. Lots of stories, pictures, and video. Come ride the bus with us. We shall overcome.

Monday, October 7, 1:00 PM - 3:00 PM: IMPROV FOR THE SENIOR BRAIN

Coordinator: **Lorrie Freitas**

In this class we will look at what you are doing 'with your one wild and precious' brain. We'll do exercises to experience your imagination, thought process and emotions. Researchers say that doing "Improv Activities" might help brain connectivity, boost creativity and confidence, decrease stress and help express ideas and emotions. We won't promise the moon but we invite you to be engaged in an interactive, explorative life experience.

Tuesday, October 8, 10:00 AM - NOON: INDIA

Coordinator: **Jerry Jackman**

Presenter: Betty Stewart

This week we take a break from the lectures to address these subjects:

Is the caste system still alive and how does it affect marriage? A fantastic video explains the system in modern India.

What is the honor system and how is this problem being addressed?

How are women treated in India and is there a double standard?

These subjects are sure to generate much discussion. Join us.

Tuesday, October 8, 1:00 PM - 3:00 PM: ENJOYING THE PERIODIC TABLE

Coordinator: **Jerry Landrum**

My goal is to look at and appreciate the scientific process as it takes us, over the period of 200 years, from Earth, Wind, Fire, and Water to the 118 chemical elements we recognize today. I was privileged to be part of a scientific consortium of Russian and United States Scientists that produced and observed Elements 113 thru 118. I get to claim partial credit for 116Livermorium, and 118Oganesson, as my name appears as a co-author on the definitive publication recognized by the International Union of Pure and Applied Chemist (IUPAC).

Wednesday, October 9, 10:00 AM - NOON: DEMOCRACY & ITS ALTERNATIVES

Coordinator: **Betty Stewart**

Presenter: Jim Pack

1st Hour: “Who Backs Authoritarians?”

2nd Hour: “The Dictator’s Playbook”

Wednesday, October 9, 1:00 PM - 3:00 PM: WRITING IT DOWN

Coordinator: **Joyce Starkey**

Do you like to write? Do you have family stories you want to share with your grandkids? Do you like to write poetry? If you answered yes to any of these questions, come join our writing group. Write anything you like at home and bring it to class when you are ready to share. We will enjoy what you wrote and offer friendly feedback. Don’t worry, sharing is always voluntary! If you are not sure, come and listen to check it out. Come and join our writing community of writers and listeners.

Thursday, October 10, 10:00 AM – NOON: CURRENT EVENTS

Coordinator: **David Froba**

Have you ever watched TV or read a newspaper article, opinion, or letter to the editor and really wanted to discuss or react to what you read? “Current Events” is just the class for you. We discuss all kinds of issues and happenings from your neighborhood, local, regional, state, national, and world news. You bring in the topic, introduce it, and we all discuss it with the help of our collective expertise. We are very careful to respect the rights of all to express their opinions.

Thursday, October 10, 1:00 PM - 3:00 PM - MYSTERIES OF HUMAN BEHAVIOR

Coordinator: **Jim Pack**

Why do people behave the way they do? Understanding the Mysteries of Human Behavior, by psychologist and professor Mark Leary, is your guide to the latest theories and research from psychology and other behavioral sciences on this age-old question. Understanding the answers will help you better know yourself and the people around you. With the powerful insights you'll find in these Wondrium lectures, and in our class discussions, you'll be looking at your own and other people's behavior with a little more insight, curiosity, and wonderment.

Where Do People's Personalities Come From

Scientists now know with certainty that genes have a pronounced effect on personalities, thanks to insights provided by behavioral genetics. See heritability at work in everyday traits ranging from extroversion to neuroticism to smoking, divorce and even political beliefs.

Friday, October 11, 10:00 AM - NOON: FRIDAY AT THE MOVIES

Coordinator: **Noel Russell**

Start your weekend relaxation with a film classic or foreign film (subtitled in English, of course) that will carry you away to other times and other places. Discussion encouraged but not required.

To Kill a Mockingbird

A southern lawyer defends a black man accused of rape in this film version of the Pulitzer Prize-winning novel about innocence, strength, and conviction. (130 minutes)

Friday, Oct 11th at 1:00 p.m. - Special Speaker Donna Linder, Clerk-Recorder and Registrar of Voters for Stanislaus County

FUTURE MICL EVENTS

Friday, October 18, 1:00 PM - MICL BIRTHDAY LUNCHEON



We will gather at Mimi's on October 18th at 1 PM. Let Dorothy Winke know you are coming by sending a text message to her at 209-499-2129, or easier still, tell her in person at MICL. Be sure to remind her if it is your birthday month so you can receive a free dessert provided by Mimi's.

Tuesday, October 29, 1:00 PM - 3:00 PM - MICL Book Club

Coordinator: Arleen Allsup

BOOK CLUB: We meet the last Thursday of each Session. We read a nonfiction book one month and a fiction book the next month. The book is suggested and selected by the group and will be moderated by the person that suggested the book title. Our group is open to everyone, even if you have not read or have previously read the book. Please feel free to join the group for any of the meetings. Keep Reading!



October 29, 2024 *TUESDAY*

“Consent”, by Jill Ciment. At 17, she fell in love with a 47-Year-Old. Now she questions the story. Jill Ciment’s 1996 memoir “Half a Life” described her teenage affair with the man she eventually married. Her new memoir, “Consent,” dramatically revises some details. A few years ago, Ciment found herself reconsidering their origin story. Mesches had died of leukemia in 2016, at age 93. The #MeToo movement had un-leashed a debate about sexual harassment and assault committed by men in positions of power. Ciment started to question her earlier account of their courtship.